

## Acid-Base Worksheet

PARAMETER	Case 1	Case 2	Case 3	Case4	Case5
1.pH					
2. HCO <sub>3</sub> /BE					
3. Expected PaCO <sub>2</sub> (1.5 (HCO <sub>3</sub> ) + 8)					
4. AG and AG <sub>corr</sub>					
5. Delta-delta					
6. Urinary AG (Na+K-Cl)					
7. Osmolar gap (2[Na] + [Glucose]/18 + [BUN]/2.8)					

Table 1. Secondary ("Compensatory") Responses in Acid-Base Disorders as Indicated by Standard Base Excess (SBE) or Bicarbonate (HCO <sub>3</sub> <sup>-</sup> ) Level.*		
Condition	Paco <sub>2</sub> or SBE Secondary Response	Paco <sub>2</sub> or HCO <sub>3</sub> <sup>-</sup> Secondary Response
Acute respiratory acidosis (pH decreased, Paco <sub>2</sub> increased, SBE=0±2 mmol/liter)	SBE=0±2 mmol/liter	Increase of 1 mmol/liter in HCO <sub>3</sub> <sup>-</sup> for each 10 mm Hg increase in Paco <sub>2</sub> above 40 mm Hg
Acute respiratory alkalosis (pH increased, Paco <sub>2</sub> decreased, SBE=0±2 mmol/liter)	SBE=0±2 mmol/liter	Decrease of 2 mmol/liter in HCO <sub>3</sub> <sup>-</sup> for each 10 mm Hg decrease in Paco <sub>2</sub> below 40 mm Hg
Chronic respiratory acidosis (pH decreased, Paco <sub>2</sub> increased, SBE increased)	SBE=0.4× (Paco <sub>2</sub> -40)	Increase of 4-5 mmol/liter in HCO <sub>3</sub> <sup>-</sup> for each 10 mm Hg increase in Paco <sub>2</sub> above 40 mm Hg
Chronic respiratory alkalosis (pH increased, Paco <sub>2</sub> decreased, SBE decreased)	SBE=0.4× (Paco <sub>2</sub> -40)	Decrease of 4-5 mmol/liter in HCO <sub>3</sub> <sup>-</sup> for each 10 mm Hg decrease in Paco <sub>2</sub> below 40 mm Hg
Metabolic acidosis (pH decreased, Paco <sub>2</sub> decreased, SBE decreased)	ΔPaco <sub>2</sub> =SBE	Expected Paco <sub>2</sub> =1.5×[HCO <sub>3</sub> <sup>-</sup> ]+8±2 mm Hg
Metabolic alkalosis (pH increased, Paco <sub>2</sub> increased, SBE increased)	ΔPaco <sub>2</sub> =0.6×SBE	Expected Paco <sub>2</sub> =0.7×([HCO <sub>3</sub> <sup>-</sup> ]-24)+40±2 mm Hg

(Berend K. NEJM 2018)

**Table 1. Primary Acid–Base Disturbances with a Secondary ("Compensatory") Response.\***

**Metabolic acidosis**

pH < 7.38 and bicarbonate [ $\text{HCO}_3^-$ ] < 22 mmol per liter

Secondary (respiratory) response:  $\text{Paco}_2 = 1.5 \times [\text{HCO}_3^-] + 8 \pm 2 \text{ mm Hg}$ † or  $[\text{HCO}_3^-] + 15 \text{ mm Hg}$ ‡

Complete secondary adaptive response within 12–24 hr

Superimposed respiratory acidosis or alkalosis may be diagnosed if the calculated  $\text{Paco}_2$  is greater or less than predicted

**Metabolic alkalosis**

pH > 7.42 and [ $\text{HCO}_3^-$ ] > 26 mmol per liter

Secondary (respiratory) response:  $\text{Paco}_2 = 0.7 \times ([\text{HCO}_3^-] - 24) + 40 \pm 2 \text{ mm Hg}$  or  $[\text{HCO}_3^-] + 15 \text{ mm Hg}$ † or  $0.7 \times [\text{HCO}_3^-] + 20 \text{ mm Hg}$ ‡

Complete secondary adaptive response within 24–36 hr

Superimposed respiratory acidosis or alkalosis may be diagnosed if the calculated  $\text{Paco}_2$  is greater or less than predicted

**Respiratory acidosis**

pH < 7.38 and  $\text{Paco}_2$  > 42 mm Hg

Secondary (metabolic) response

Acute: [ $\text{HCO}_3^-$ ] is increased by 1 mmol/liter for each  $\text{Paco}_2$  increase of 10 mm Hg above 40 mm Hg

Chronic: generally [ $\text{HCO}_3^-$ ] is increased by 4–5 mmol/liter for each  $\text{Paco}_2$  increase of 10 mm Hg above 40 mm Hg

Complete secondary adaptive response within 2–5 days

Superimposed metabolic alkalosis or acidosis may be diagnosed if the calculated [ $\text{HCO}_3^-$ ] is greater or less than predicted

**Respiratory alkalosis**

pH > 7.42 and  $\text{Paco}_2$  < 38 mm Hg

Secondary (metabolic) response

Acute: [ $\text{HCO}_3^-$ ] is decreased by 2 mmol/liter for each  $\text{Paco}_2$  decrease of 10 mm Hg below 40 mm Hg

Chronic: [ $\text{HCO}_3^-$ ] is decreased by 4–5 mmol/liter for each  $\text{Paco}_2$  decrease of 10 mm Hg below 40 mm Hg

Complete secondary adaptive response in 2–5 days

Superimposed metabolic alkalosis or acidosis may be diagnosed if the calculated [ $\text{HCO}_3^-$ ] is greater or less than predicted

(Berend K, et al. NEJM 2014)