




COVID19 ALERT

ADULT Cardio-Pulmonary Arrest



The American Heart Association (2020) published interim guidelines for Basic and Advanced Life Support in adults with **confirmed or suspected COVID-19**. The goal is to ensure all patients receive the best possible chance of survival without compromising rescuers' safety.

- ✓ Confirm Code Status
- ✓ Protect yourself first and don PPE before entering patient room
- ✓ **ALLOW ONLY ESSENTIAL RESPONDERS in room**
- ✓ Utilize hands free CPR device – 
LUCAS device: brought to code by
CICU Jr. Resident upon code team activation or
call CICU x44910
- ✓ Pause chest compressions for intubation
- ✓ HEPA filter on AMBU for all ventilations
- ✓ Utilize EtCO₂ (normal 35-45 mmHg) to assess effectiveness of CPR and
identification of return of spontaneous circulation



PRONED PATIENTS at the TIME OF ARREST

- Prone & Non-intubated – attempt to place supine
- Prone & Intubated – turn to supine if no risk to patient or responder. If unable to immediately turn to supine, consider placing defibrillator pads in the anterior-posterior position and provide CPR with patient prone; place hands in the standard position over the T7-T10 vertebral bodies. Await additional responders before attempting to turn to supine position.

Address GOALS of CARE on admission and with any significant change in clinical status.

AHA Guidelines link: [AHA Interim Guidelines 2020](#)

Contact Colleen Snyderman or
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